

29 August 2023



Dear Parents/Guardians,

Please take time to read through the information in this monthly letter to help you better support your child's education.

FOR YOUR ACTION

1) **Positive Behaviours at Home – Specific Positive Feedback (SPF)**

The school values and sees the importance of home-school collaboration in guiding your child/ward to learn positive behaviours and exhibit good character values. Parents/guardians are encouraged to reinforce your child's/ward's display of positive behaviours at home with the use of SPF. This will also help to instil good character values in your child/ward.



Please scan the QR code to find out how you can partner the school in this area!

2) **Sale of Uniform in School**

The school uniform supplier (Jeep Sing Fashion) will be selling the school uniform in front of the school bookshop:

Date	Monday, 18 September 2023
Time	10.30 a.m. – 12.15 p.m. 12.45 p.m. – 1.30 p.m.
Venue	In front of the school bookshop
Note	When out-of-stock occurs, the uniform vendor will contact parents directly for collection when the stock arrives. The school will not issue the uniforms to your child, including students on the Financial Assistance Scheme.

As part of school safety and security, caregivers entering the school will need to register with the security officer at the school's main entrance.

3) **Application for 2024 Special Education Financial Assistance Scheme (SPED FAS) and School Bus Subsidy**

The school financial assistance scheme is open for application. The scheme aims to help our students meet basic educational expenses. Interested families would need to meet eligibility criteria to receive the subsidies. Please request for the application forms from the teachers if you need to apply for your child/children.

UPCOMING SCHOOL PROGRAMME / ACTIVITIES

4) **31 August 2023, Thursday, Teachers' Day Celebration**

The school will be celebrating Teachers' Day on **31 August 2023, Thursday**. Please take note of the reporting and dismissal timings:

AM Students must report to school by 7.30 a.m. The dismissal timing is at 10.30 a.m.

5) **11 September 2023, Monday, Teachers' Day School Holiday**

Polling Day for Presidential Election will be on 1 September 2023, Friday. Teachers' Day will be moved from 1 September to 11 September 2023, the first Monday after the one-week September school holidays. As such, Term 4 will start on 12 September 2023.

6) **19 – 21 September 2023, Tuesday – Thursday, 15-year-old Milestone Camp**

Our 15-year-old students will be participating in a 3-Day 2-Night Residential Programme organised by Outward Bound Singapore (OBS) **from 19 to 21 September 2023**.

The programme aims to expose our students to outdoor challenges, develop their character in line with our school values, and to build independence, confidence, and leadership qualities. Pre-camp briefing, camp details and consent forms have already been given to the 15-year-old students.

7) **25 September – 2 October 2023, Annual Medical Health and Immunisation Screening**

Health Promotion Board (HPB) will be conducting the Annual School-Based Medical Health & Immunisation Screening for students **from 25 September to 2 October 2023**.

The Screening Services will be provided for the respective groups as shown in the table below.

Please refer to the attached HPB letter on parental consent and frequently asked questions.

Age Group	Services
13 years old	HPV immunisation (only for female students) Spinal screening
14 years old	HPV immunisation (only for female students) Spinal screening Hearing screening Height, Weight and BMI measurements

Thank you for taking the time to read all the information in the letter. If you have any queries, you may contact the General Office at 6561-9128 during office hours.

Yours Sincerely,



Ms Esther Kwan
Principal

SEPTEMBER 2023 (TERM 4) SCHOOL CALENDAR

DATE	EVENT / ACTIVITY	REMARKS
31 August Thursday	Teachers' Day Celebration	Students' Reporting Hours <u>AM Session:</u> Reporting Time: 7.30 a.m. Dismissal Time: 10.30 a.m.
1 September Friday	Public Holiday – Presidential Election Polling Day	NO School for students
2 – 10 September	Term 3 School Holidays	NO School for students
11 September Monday	Scheduled School Holiday – Teachers' Day	NO School for students
<i>Term 4 will begin on 12 September 2023, Tuesday</i>		
18 September Monday	Sale of School Uniform in School	10.30 a.m. – 12.15 p.m. 12.45 p.m. – 1.30 p.m.
19 – 21 September, Tuesday – Thursday	15-year-old Milestone Camp	Refer to letter previously given
25 September – 2 October	Annual Medical Health and Immunisation Screening by HPB	As scheduled

29 August 2023

Dear Parent / Guardian

SCHOOL ANNUAL MEDICAL HEALTH SCREENING & IMMUNISATION

Health Promotion Board (HPB) will be conducting the Annual School-Based Medical Health Screening & Immunisation for students from **25 September to 2 October 2023**.

The Health Screening Services will be provided for the respective groups as shown in the table below:


Age Group	Services
7 years old	Immunisation (if required)
8 to 10 years old	Vision screening Height and BMI measurements (for selected students only) Immunisation (if required)
11 years old	Colour vision screening Growth & development assessment Spinal screening for scoliosis [#] (for female students only) Immunisation (for ALL 11 years old students)
12 years old	Spinal screening for scoliosis [#] (for female students only) Height and BMI measurements (for selected students only) Immunisation (if required)
13 years old	HPV immunisation (for female students only) Spinal screening [#]
14 years old	HPV immunisation (for female students only) Spinal screening [#] Hearing screening Height, Weight and BMI measurements

Action to be taken by Parents / Guardians

- For ALL 11 years old students
 - Submit the STUDENT HEALTH BOOKLET to Class Teacher by 11 September 2023
 - Submit the online immunisation consent by 11 September 2023.
- For 13 & 14 years old (Female students only)
 - Submit the online immunisation consent by 11 September 2023.

#Female students will be briefed before the check-up for scoliosis is done for each student in an enclosed area for privacy. During the check-up, the student will be asked to show her back to the female doctor or nurse before being asked to remove her top. Your child's back will be examined from behind while standing upright and while bending forward so that the doctor or nurse can screen for abnormal curvature of the backbone. If further assessment is required, your child will be referred to the Student Health Centre.

1. Your consent is needed to ensure your child receives these important health services.

<p>You may access the Child Consent Portal via the QR code or link below.</p>  <p>https://go.gov.sg/hpb-ccp</p>	<p>What you need to do on the Child Consent Portal:</p> <ol style="list-style-type: none">1. Provide consent for HPB to deliver health and dental services to your child. <p style="text-align: center;">↓</p> <ol style="list-style-type: none">2. Update your child's medical condition(s).
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2. A child at 7 years old who is found to have incomplete dose(s) of either measles, diphtheria or poliomyelitis vaccinations will be vaccinated with any one or more of the following vaccinations by the Health Promotion Board's School Health Services (SHS):
 - Tdap for diphtheria, tetanus, and pertussis;
 - MMR for measles, mumps and rubella; and
 - IPV for poliomyelitis.

You are deemed to have consented to have your child vaccinated by the SHS based on the National Childhood Immunisation Schedule (NCIS) if you take no further action.

3. The Health Promotion Board's (HPB) Youth Preventive Health Services (YPHS) only screens for specific conditions (Please refer to Frequently Asked Questions for the types of screening offered). For other medical conditions, please consult a doctor.
4. If you do not wish for your child to undergo HPB's annual health screening in school, please write to [Contact YPS@hpb.gov.sg](mailto:YPS@hpb.gov.sg).

Frequently Asked Questions

1. What are the vaccinations provided under HPB's school-based immunisation programme? Are these vaccinations compulsory?

Vaccinations against conditions such as poliomyelitis are recommended under the Singapore's National Childhood Immunisation Schedule (NCIS).

Vaccinations against measles and diphtheria are compulsory for all children in Singapore under the Infectious Diseases Act (in addition to being part of the NCIS).

If you DO NOT WISH your child to be vaccinated by the SHS and wish to make your own arrangements to have your child vaccinated, please log-in at <https://childconsent.hpb.gov.sg> to indicate so.

In addition, HPB also offers fully subsidised HPV vaccinations to eligible 13 and 14 years old female students under the National School-based Human Papillomavirus (HPV) Vaccination Programme for protection against cervical cancer. HPV vaccination is not compulsory and parental consent is required before HPV vaccination can be administered.

For more information, you may visit

https://www.healthhub.sg/programmes/16/growing_up_strong_healthy, www.nir.hpb.gov.sg or email your queries to Contact_YPS@hpb.gov.sg.

2. What are the HPV vaccines available in Singapore?

Cervarix is the HPV vaccine used for the SHS immunisation programme. It provides protections against infections from the two most common HPV types (16 and 18), which are associated with about 70% of cervical cancer cases.

Other than Cervarix, the other HPV vaccine available for use in Singapore is Gardasil-9.

3. How many HPV vaccinations does my child need? What is the time interval between these vaccinations under the National School-based Human Papillomavirus (HPV) Vaccination Programme?

The number of HPV vaccinations required depends on the age of the student at time of the first HPV vaccination. The required number and estimated timing of HPV vaccinations under this programme are as follows:

- i) Below 15 years old – Two doses are required.
- ii) Dose 1 is given at 13 years old and Dose 2 is given when your daughter/ward at 14 years old.

4. Are the HPV vaccines safe?

Clinical trials and post-marketing surveillance have shown that HPV vaccines are safe and effective. The vaccines do not contain any live viruses or infectious material. This means you cannot become infected with HPV from the vaccines.

5. Where can I find more information regarding HPV?

For more information on national school-based HPV vaccination programme, you may refer to: https://www.healthhub.sg/programmes/16/growing_up_strong_healthy/#HPV_vaccination_programme

For any queries, please email to Contact_YPS@hpb.gov.sg.

Sign up for educational talks organised in partnership with the Singapore Cancer Society (SCS) for a better understanding of what is HPV and how HPV vaccination can protect against cervical cancer.

Visit the website below for more information:

<https://www.singaporecancersociety.org.sg/get-screened/cervical-cancer/hpv-vaccination.html#hpv-education-talk>

To learn more about HPV and its link to cervical cancer, as well as HPV prevention and the different types of HPV vaccines in Singapore, please visit <https://www.healthhub.sg/a-z/diseases-and-conditions/701/fags-on-hpv-and-hpv-immunisation>. You may also want to consult your family doctor if you would like to find out more about the benefits and risks of HPV vaccination, and which vaccine is more suitable for your daughter/ward.

6. Will my child's medical information be kept confidential and secure?

All information provided will be kept strictly confidential and will only be used by HPB in the management of your child's health. The information may be placed on a database known as the Electronic Medical Records (EMR) System and the National Electronic Health Records (NEHR). The information may also be collated and used for national public health policy planning, ethically approved research, official reports and publications. Full confidentiality is ensured, i.e. your child's identity will not be revealed. If you provide us with personally identifiable data, we may share necessary data with other Government agencies where appropriate, so as to improve the discharge of public functions, and to serve you in the most efficient and effective way unless such sharing is prohibited by law. HPB may share your personal data with non-Government entities (including appointed service providers) that have been authorised to carry out specific Government services. HPB will not share your personal data with other non-Government entities without your consent except where such sharing complies with the law. HPB abides by the intent of [HPB \(Data\) Privacy Statement](#).

7. Where can I find more information about the Youth Preventive Health and Dental services offered?

Please refer to detailed information on the health services at the links below:

- **School Health Service Programmes**

- Health Screening

https://www.healthhub.sg/live-healthy/365/health_screening_for_primary_school

https://www.healthhub.sg/live-healthy/366/health_screening_for_secondary_school

- Immunisation

<https://www.healthhub.sg/live-healthy/1633/all-you-need-to-know-about-vaccinations>

- **National Immunisation Registry (NIR)**

www.nir.hpb.gov.sg

If you have any further enquiries, you may email us at Contact_YPS@hpb.gov.sg.

8. Where can I find the outcomes of my child's school health visit?

After the school health and dental visit, you may access your child's **School Health Assessment Summary** via Singpass login at <https://www.healthhub.sg/HealthServices>.

9. How do I check my child's immunisation records?

You may check your child's immunisation records (Singaporeans who are born in 1996 and after) with your SingPass at <https://www.healthhub.sg/HealthServices>.

10. How do I submit the consent for immunisation online?

It only takes 4 simple steps and the transaction is secure.

- i. Log on to <https://go.gov.sg/hpb-ccp>.
- ii. Login using your SingPass with 2-factor authentication (2FA).

*(You may register for SingPass[^] by visiting <https://www.singpass.gov.sg> **OR** any SingPass counter. The location of SingPass counters and instructions for 2FA activation are available on <https://www.singpass.gov.sg>)*

- iii. Type in your child's BC / FIN number.
- iv. Fill up and submit the consent form.

[^] The following groups of users are eligible to apply for SingPass:

- Singapore Citizens and Permanent Residents or
- Employment Pass and Personalised Employment Pass holders or
- EntrePass holders or
- S-Pass holders or
- Dependant Pass holders (of EP, PEP, EntrePass and S-Pass holders) or
- Long Term Visit Pass-Plus (LTVP+) holders or
- Selected Long Term Visit Pass holders or
- Work Permit holders